

Covid-19 protocols: Travel Policy

Following guidance from the Centers for Disease Control and Prevention, we have instituted the following travel policy for BC High community members.

People who are fully vaccinated can travel safely within the United States.

If you are not fully vaccinated and travel to a state which, at the time of travel, has 50 average cases per 100,000 people or higher (this information can be accessed at link below), take the following steps to protect yourself and others from COVID-19:

- Before you travel:
 - Get tested with a [viral test](#) 1-3 days before your trip.
- After you travel:
 - Get tested with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
 - If you don't get tested, stay home and self-quarantine for 10 days after travel.
 - Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

Breakdown of Covid-19 cases by state can be found [here](#).